

Monday	Tuesday	Wednesday	Thursday	Friday
Sliced Chicken or Ham Wafer / Cheese Sandwiches (brown	Sliced Chicken or Ham Wafer / Cheese wrap	Bake Beans & toast (brown bread)	Quorn Nuggets / Tomato pasta	Cheese / Tuna Sandwiches (brown bread)
bread) Mixed sliced peppers	Carrot Sticks / Grated Cheese	Cucumber & pepper sticks	Cucumber & Carrot Sticks	Fruit (apples & oranges)
Yoghurt	Yoghurt Essit alatter (aireanala	Fruit (pears & pineapple)	Cheese, Crackers § Grapes	Yoghurt Figure of other (house on one of
Fruit platter (apples § oranges)	Fruit platter (pineapple § watermelon)	Yoghurt	Yoghurt	Fruit platter (bananas g grapes)
Mílk & Water	Mílk & Water	Mílk & Water	Mílk & Water	Mílk & Water

