10.0	CYPROS C	The Market	No. of Street,	A DARKA	and the second	ALC: N
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	Penne or Spaghetti Pasta with Tuscan Bean Sauce or Quorn or Chicken Meatballs in Tomato Sauce PB V H Sweetcorn & Mixed Salad Frozen Mango Yoghurt	Karma Curry Butternut, Butterbean & Vegetable Curry or Beef Keema with Rice PB H Peas and Curried Cauliflower Fruit Platter or Yoghurt	Quorn or Chicken Served with Roast Potatoes and Gravy V H Broccoli & Carrots Fruit or Strawberry Delight	Ciao Pizza Margherita or BBQ Chicken with Garlic & Herb Wedges V H Sweetcorn & Coleslaw Selection of Fruit or Yoghurt	Plant Based: Quorn Nuggets with Chips Fish Shack: Fish Fingers with Chips F Baked Beans & Peas Cheese & Crackers	6
WEEK 2	Quorn or Chicken Sausage with wedges PB H Sweetcorn and Coleslaw Frozen Strawberry Yoghurt	Macaroni Cheese or Moroccan Chicken with Rice V H Pease & Cumin Cauliflower Selection of Fruit or Yoghurt	Vegetarian Strips or Chicken with Roast Potatoes & Gravy PB H Green Beans & Carrots Selection of Fruit or Yoghurt	Ciao Pizza Margherita Pizza with Garlic & Paprika Wedges or Baked Potatoes with Cheese/Baked Beans VH Sweetcorn & Coleslaw Orange Jelly & Mandarins	Plant Based: Spicy Bean Burger with Chips Fish Shack: Battered Fish with Chips F Selection of Fruit or Yoghurt	
WEEK 3	Penne or Spaghetti Pasta with Vegetable & Lentil Bolognese or Beef Bolognese PB V H Sweetcorn & Mixed Salad Vanilla Ice Cream or Fruit	Karma Curry Lentil & Sweet Potato Curry or Chicken Tarka Dahl with Rice PB H Peas and Cauliflower Selection of Fruit or Yoghurt	Butternut & Vegetable Plait or Beef with Yorkshire Pudding with Roast Potatoes & Gravy VH Broccoli & Carrots Cheese & Crackers or Fruit	Ciao Pizza Margherita or Peri Peri Chicken with Cajun Wedges VH Sweetcorn & Lime and Chilli Coleslaw Selection of Fruit or Yoghurt	Plant Based: BBQ Vegetarian Strips with Chips Fish Shack: Breaded Fish Cake with Chips F Baked Beans & Peas Strawberry Jelly	~
1. 3.	Available Daily: Milk, Bread B	asket, Salad Bar, Fresh Fruit and	Yoghurt Menu Key	: PB Plant Based F Fish V	Vegetarian H Halal	2-

ly: Milk, Bread Basket, Salad Bar, Fresh Fruit and Yoghurt

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