



St George's Catholic
Primary Voluntary
Academy



PSHE Curriculum Intent Statement

At St George's Catholic Primary School Personal, Social and Health Education (PSHE) enables our children to become healthy, independent and resilient learners. Our PSHE curriculum is closely related to RE, as well as based on the National Curriculum and our mission statement. We aim to provide a Catholic environment to our pupils, which will enable each child to grow in understanding so that they reach their fullest potential spiritually, emotionally, morally and socially.

We Believe PSHE plays a vital part in our pupils' overall education, and therefore offer cross-curricular lessons through such subjects as Computing, R.E, Science, Humanities, Writing, Reading and P.E. We aim to provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.

Our Curriculum is divide into six core themes: Me and My Relationships, Valuing Differences, Keeping Myself Safe, Rights and Responsibilities, Being My Best and Journey in Love. The pupils at St. George's will meet these themes throughout the course of the year, and these themes are built upon as the children move through the school. The children are encouraged to learn and gain new skills which will enable them to show respect and concern for themselves, others and the environment. It is our aim to demonstrate and teach our pupils to view themselves as valued members of the school faith community, their parish communities and the wider world community.

Through PSHE there is an emphasis on pupils' mental health and well-being, we promote this through special days, assemblies, workshops, and developing as an outdoor learning school. We believe that our children can improve, monitor and promote mental health through learning and exploring outside.